

**PATIENT INSTRUCTION**  
**CARDIAC CATHETERIZATION/CORONARY INTERVENTION**

PATIENT NAME: \_\_\_\_\_ PROCEDURE DATE: \_\_\_\_\_

1. The hospital will call you the day prior to your procedure (usually between 1 pm and 4 pm) to let you know what time to arrive at Monmouth Medical Center. You will also be informed where to report. If you do not hear from MMC by 4 pm the day before your procedure, you may call the hospital at (732) 222-5200 ext. 32051. When calling the hospital, give your name, the procedure that you are having and that you need a time to report to MMC.
2. Do you have any allergies to dye or shellfish? \_\_\_\_\_  
(If yes, patient is pre-medicated per instructions by physician doing cath)  
Other allergies \_\_\_\_\_
3. Please do not have anything to eat or drink after midnight on \_\_\_\_\_  
(A few sips of water are acceptable).
4. You may take your usual daily medications prior to going to the hospital, unless instructed otherwise.
5. Leave valuables at home. You may bring glasses, a watch and dentures if you wear them.
6. If you take Insulin or oral diabetic medications: \_\_\_\_\_
7. If you take Coumadin, stop it \_\_\_\_\_ days prior to your procedure or on \_\_\_\_\_
8. You will not be able to drive for at least 24-48 hours after the procedure so you will need to make arrangements for transportation from the hospital.
9. Please follow the hospital specific discharge instructions given to you.
10. Continue taking your aspirin as prescribed by your physician.
11. Please call our office if you have any questions regarding your procedure.
12. Any additional instructions: \_\_\_\_\_