



Jersey Shore Medical Center

PATIENT INSTRUCTION
CARDIAC CATHETERIZATION/CORONARY INTERVENTION

PATIENT NAME: _____ PROCEDURE DATE: _____

1. The hospital will call you the day prior to your procedure (usually between 1 pm and 4 pm) to let you know what time to arrive at JSMC. You will also be informed as to what floor you will report to. If you do not hear from JSMC by 4 pm the day before your procedure, you may call the hospital at (732) 776-4762. When calling the hospital, give your name, the procedure that you are having and that you need a time to report to JSMC.
2. The hospital would like you to call and register a few days prior to your PAT appointment. This will save you time the day of your testing and you can register for your procedure with one phone call. The pre-registration number is (732) 776-4800. If you are not having your PAT's done at Jersey Shore please call the above Number to pre-register two days prior to your procedure.
3. Do you have any allergies to dye or shellfish? _____
(If yes, patient is pre-medicated per instructions by physician doing cath.)
Other allergies _____
4. Please do not have anything to eat or drink after midnight on _____
(A few sips of water are acceptable.)
5. You may take your usual daily medications prior to going to the hospital, unless instructed otherwise.
6. Leave valuables at home. You may bring glasses, a watch and dentures if you wear them.
7. If you take Insulin or oral diabetic medications: _____
8. If you take Coumadin, stop it _____ days prior to your procedure or on _____
9. You will not be able to drive for at least 24-48 hours after the procedures so you will need to make arrangements for transportation from the hospital.
10. Please follow the hospital specific discharge instructions given to you.
11. Continue taking your Aspirin as prescribed by your physician.
12. Please call our office if you have any questions regarding your procedure.
13. Any additional instructions: _____